



44TH MASA CONVENTION JOHANNESBURG

PROGRAMME



THEME

FAITH, HERITAGE
& HEALING

إيمان، وتراث، وشفاء



12 & 13 SEPTEMBER 2026



QURTUBA CONVENTION CENTRE & RESORT



Please note: This is a provisional programme and is subject to change

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07h00-08h00: Arrival, Check in, Registrations, Information Desk Open & Exhibitions

SESSION 1 08H00 - 10H00

PLENARY: OPENING CEREMONY

Opening Dua & Qiraat: Hafidh M. Raees Amanjee	Welcome: Dr Farouk Mamdoo & Dr Zeenat Dadabhay [Convenors]	Sponsor's Welcome Address: Mr Ameen Hassen – Standard Bank	Dr Yakub Moosa Essack – Memorial Lecture: Dr Shafeeqa Mayet
The IMASA Durban Legacy Project Mr Solly Suleman		Ahmed Elkadi Memorial Lecture - Muslim Contributions to Health Sciences Prof Anwar Hoosen	Healthcare in Genocide: Dr Ahmed Shehada & Dr Aadil Ahmed

10h00- 10h30 Tea Break & Exhibitions [Venue: The Orchid Pink]

SESSION 2 10h30 -12h30

MEDICAL	ALLIED	SPOUSE	DENTAL	STUDENTS
Theme: Screening - Predict the Risk, Prevent the Disease Venue: The Orchid White Chair: Dr Nazreen Motara	Theme: Integrative Pain Management: The Role of Various Healthcare Workers in the Management of Pain Venue:	Theme: Healing: A Personal Journey Through Trauma Venue: Jasmine Hall	Theme: Venue: Casa Tiara	Theme: Venue: Gardenia Hall Chair: Dr Zeenat Dadabhay
Cardiac Screening Dr Farouk Mamdoo (Cardiologist)	Pain like a knife's edge: Balancing Acute Interventions and Chronic Pain rehabilitation Dr Farriel Desai (Anaesthesiologist)	Navigating Pathways to Safety and Empowerment: A Case Study of a Gender-Based. Violence Survivor's Journey Through Support Services. Dr Zubeda Dangor	Topic TB Dr Elizabeth Thomas	Research: What, How and Why? Dr Zainub Jooma HOU: CHBAH Anaesthesia
Metabolic Screening Dr Nasrin Goolam Mahyoodeen (Endocrinologist)	Beyond Tissue: Addressing the Emotional Dimension of Pain in Functional Rehabilitation Ms Raesa Tayob (Occupational Therapist)		Approach and Management Strategies in Paediatric Dentistry Dr Tashnim Bagus	How to write a Scientific Paper Prof Salome Maswime Head of School of Clinical Medicine at Wits
Screening for Gynaecological Cancers in the Young and the Old – HRT and its Effects on Gynaecological Cancers and Cardiovascular Disease Dr Razina Patel (Gynaecologist & Fertility Specialist)	Beyond the Pill: Homeopathic and Biopuncture Options in Integrative Pain Care SPEAKER TBC		Digital Dentistry & 3D Printing in Dentistry - The future is now (in your hands) Dr Nadeem Osman	Getting Involved in Research Prof Ziyaad Dangor (Clinical research Director Wits VIDA)
Radiological Screening for Cardiovascular Disease Prof Nasreen Mahomed (Radiologist)	When Pain Disappears: Understanding Diabetic Neuropathy and the Hidden Risks of Painless Disease Ms Yaasirah Choonara(Podiatrist)			What is a Clinician Scientist? Dr Ismail Cassimjee Academic Head Vascular Surgery Wits
Screening for Genetic Disease Dr Lindsay Lambie (Clinical Geneticist)	Visceral Manipulation Ms Nasreen Dursot (Physiotherapist)			
Renal Screening Dr Shoyab Wadee (Specialist Physician; Nephrologist)	The Most Underprescribed Therapy in Modern Healthcare Mr Justin Jeffery (Biokineticist)			
From Darkness to Light: The Cataract Project - Restoring Sight Through Faith, Partnership and Service Dr Shabbir Hussain (Ophthalmologist)				

12h30-13h30 Zohr Salaah, Lunch & Exhibitions [Venue: The Orchid Pink]

SESSION 3 13H30 - 15H00

PLENARY: ETHICS				
Theme: Equality in Healthcare and Standing up for Justice Venue: The Orchid White Chair: Dr Zaheer Essop				
Standard Bank: Mr Ameen Hassen	Achieving Equitable Health Care: SAMA Executive	The Courage to Care: Faith, Human Dignity and Healing in a Divided World - Pastor Nigel Branken	Standing for Justice in Healthcare Moulaana Sulaimaan Ravat	The GPs Role in Global Health: Prof Salome Maswime

15h00- 15h30

Tea Break & Exhibitions [Venue: The Orchid Pink]

SESSION 4 15H30 - 17H00

MEDICAL	ALLIED	SPOUSE	DENTAL	STUDENTS
PANEL DISCUSSION Theme: Systemic Dermatology Venue: The Orchid White Chairs: Dr I Essack and Dr Ayesha Omar	Theme: Technology & Innovation Venue: Jasmine Hall Unlocking Hidden Vision Barriers: Why Primitive Reflexes Matter in Optometric Care: Ms Natasha Jeena Spilg ----- New Tech Interventions in Speech Pathology & Audiology: Prof Shabnam Abdoola, Speech Therapist & Audiologist ----- Beyond the Page: Objective Analysis of Oculomotor Dysfunction in Reading Difficulties Ms Natasha Jeena Spilg ----- Orthotics and Prosthetics in the Rehabilitation Sphere: An Islamic Perspective on Restoring Function, Dignity and Hope. Ms Tasneem Mohamed, Orthotist ----- Craniosacral Therapy in the Clinical Setting Ms Nasreen Dursot, Physiotherapist	Theme: Embracing You" as a South African Woman Venue: Jasmine Hall Muscle Power! The Importance of Muscle strength". Shenaaz Msusa, Biokinetics ----- Pilates/ reformer/ InfraRed (TBC)	Theme: Venue: Casa Tiara Othodontic Aligners: The Good, the Bad and the Ugly Dr Sahide Ahmed Choonara ----- Beyond Clinical Expertise: Adaptive Intelligence, Emotional Intelligence & Spiritual Intelligence in Healthcare Naadiera Patel & Khadija Mia ----- Q&A Session	Theme: Venue: Gardenia Hall / Chair: Program Coordinators: Dr Zainub Jooma SIMASA Exec & Reps Heritage: where we come from Dr Shafeeqah Mayet ----- Faith: Islam as a bridge Speaker TBC ----- Healing: Muslim doctors as leaders Dr Zaheer Essop ----- Mentorship Dr Zeenat Dadabhay ----- SIMASA: who we are and what we do Rameez Ebrahim
Panelists: Infectious Diseases: Dr Faieza Sahid Rheumatology: Dr Hajira Ismail Endocrinology: Dr Nasrin Goolam Mahyoodeen Vascular Surgeon: Dr Taalib Monareng Oncology: Dr Ashraf Wadee				

Asr & Maghrib Salaah



Gala DINNER

Ameen Hassen
 Standard Bank
 Shariah Banking

Ms Qaanitah Hunter
 Sick Systems: When Disinformation
 Shapes Policy and Feeds Prejudice

MI Sulaimaan Ravat
 Who Controls the
 Global Narrative?

MC: Dr Shoyab Wadee

SEP
 SATURDAY

12

19H00

**QURTUBA RESORT -
THE ORCHID WHITE**

Programme is subject to change

SUNDAY 13 SEPTEMBER 2026

Morning Activity TBC & Registrations

SESSION 5 08H00 - 10H30

MEDICAL	(ALLIED, SPOUSES, MEDICAL)	DENTAL	STUDENTS
Theme: Systemic Inflammation Venue: The Orchid White Chair: Prof Fathima Paruk	COMBINED SESSION - FEMALES ONLY Venue: Jasmin Hall and Gardenia Hall Theme: Faith & Heritage Refocus. Reset. Renew	Venue: Casa Tiara	Padel Activity
Introduction to Inflammation Prof Fathima Paruk	Refocus, Reset, Renew	Implant-Focused Rehabilitation of the Atrophic Maxilla and Mandible Dr Jameel Desai	
Inflammation of GIT: Dr Nazeer Chopdat	Featuring Ustadha Suraya Chohan (Ummah Heart Academy)	Periodontal Diagnosis: Does it Matter? Dr Sandra Koutras	
Inflammation in CVS: Dr Ahmed Vachiat	Hosted by Safeera Kaka		
Inflammation in Rheumatology: Dr Mohamed Amin Makda			
Inflammation in Pulmonology: Prof Ismail Kalla			
Inflammation in Endocrinology and Obesity: Dr Nazeer Ahmed Mohamed			
Vascular Inflammation Prof Taalib Monareng			

10h30- 11h00

Tea Break & Exhibitions [Venue: The Orchid Pink]

SESSION 6 11H00 - 13H00

PLENARY: ETHICS				
Theme: Ethics Alive Chair: Dr Shaheda Omar & Dr Yunoos Omar				
Ensoulment (Nafkh Al-Ruh) and the Ethics of Abortion - classical responses vs contemporary fatwas: Dr Zubair Asmal	From Research to Practice What SA Healthcare Professionals Need to Know About Online Child Sexual Exploitation Dr Antoinette Basson	Suicide & Depression Ms Nabeela Gangat	Adolescent Media and Digital Dementia & 'AI' Maulaana : Mufti Humayd Alli	IMASA Annual General Meeting [AGM]

13h00-14h00

Zohr Salaah, Lunch & Exhibitions [Venue: The Orchid Pink]

SESSION 7 14H00 - 17H00

MEDICAL	ALLIED	SPOUSE	DENTAL	STUDENTS
Theme: Infusing Faith and Heritage for Healing Venue: The Orchid White	Theme: The Workspace Venue: Jasmine Hall	Theme: Venue: Jasmine Hall	Theme: Venue: Casa Tiara	Theme: Venue: Gardenia Hall / Chair: Program Coordinators: Dr Zainub Jooma SIMASA Exec & Reps
Health Infusions with Faith & Heritage Prof Nazeer Alli	When the Healer Needs Healing Illness in the Workplace, Professional Identity, and the Courage to Seek Help Speakers: Dr Yumna Minty, Psychiatrist & Razaan Stenhouse-Stewart, Transformation Coach	The creative space in healing Use of creative activities for healing/destress Activity session in Islamic/Turkish Art Coordinated and hosted by Nazeemah Soomar OT	The Art and Science of Intraoral Scanning Dr Yasmin Osman Latib The Bioactive Shift: Redefining Pulp Therapy in the Mixed Dentition Dr Ebrahim Patel DSD Dr Terence Moodley IMASA Gauteng HealthHub: Dental Services Dr Ahmed Navlakhi	Hands on workshop: Surgical Skills Dr Fathima Moosajee & Dr Zeenat Bhikoo CPR Refreshers hands-on on Workshop Dr Zaheer Essop & Moulana Moeneeb Martin Allied workshop TBC
Peptides - Metabolic and Endocrine effects Dr Nazeer Ahmed Mohamed	Trust, Release & Renew Practical segments: Faith-Based Stress Relief By Ms Nazeemah Soomar, Occupational Therapist & Dr Naa'ilah Noorbhai, Chiropractor			
Peptides : Regulatory Perspective Tammy Gopal				
Infusing Faith and Heritage to Boost Healing Zaheerah Bham- Ismail				

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